



The Desires of My Heart

Psalm 37:1-8 KJV

[1] Fret not thyself because of evildoers, neither be thou envious against the workers of iniquity. [2] For they shall soon be cut down like the grass, and wither as the green herb. [3] Trust in the Lord, and do good; so shalt thou dwell in the land, and verily thou shalt be fed. [4] Delight thyself also in the Lord; and he shall give thee the desires of thine heart. [5] Commit thy way unto the Lord; trust also in him; and he shall bring it to pass. [6] And he shall bring forth thy righteousness as the light, and thy judgment as the noonday. [7] Rest in the Lord, and wait patiently for him: fret not thyself because of him who prospereth in his way, because of the man who bringeth wicked devices to pass. [8] Cease from anger, and forsake wrath: fret not thyself in any wise to do evil.

The desires of our heart reveal who we are; our motives, our love, our character, and our direction.

1. The Revelation of Our Hearts Desire:

For many people, their desires are constantly changing and their minds do not stay focused.

1. Character, self worth, purpose, faith, who we really are.
2. Desires are essential to achievement, God also has desires.

2. God Warns us Against Wrong Desires:

Sometimes we can obtain the desires of our heart even though it's outside of the will of God but we have to step outside of his protection in order to get them, this is a foolish strategy.

1. We should want the things God wants for us and not the things our fleshly desires crave.
2. What we desire is what we gravitate towards, so think about your thoughts carefully.
3. When we desire the wrong thing, we want to argue with God. We want it now and become closed to considering any insight against it.
4. When we desire the wrong thing, we become fixated and rigid; willing to cut off people from our lives who will point out anything contrary.

3. Requirements For Godly Desires:

God requires us to focus on what he wants to do in our lives, if we focus on God, we won't waste time focusing on petty desires that will only think will bring us happiness and contentment.

1. **Delight** ourselves in the Lord.
2. **Commit** the desires of our heart to him.
3. **Trust God** to give us the desires of our heart.
4. **Rest in the Lord** for the desires of our heart.
5. **Wait patiently for God** to give us the desires of our heart.



Be discerning about desires you want.

If we could see the things God sees, we would never ask for some of the things we think we want. God has far greater things in mind for us than we can imagine.

4. Requirements to Receive the Desires of Your Heart:

Do not worry about what others have, God warns us against desiring the wrong things because the wrong focus can lead to temptation, temptation leads to corruption and finally destruction.

1. We become like the things we focus on, so we should focus on Jesus.
2. Delight yourself in the Lord and he will give you the desires of your heart. We should treat God as our first love.
3. Commit your way to the Lord; we've placed the desire in His hands completely without trying to manipulate it behind the scenes.
4. Trust God to give the desire to us. Do we really believe God wants what's best for us?
5. God does not want idols in our life, nor can he bless that which is outside his will.
6. Rest in the Lord, don't fret. God works on His own time and in His own way, Trust Him.
7. Wait patiently on God. This is probably the hardest, but most important. God knows the same deadlines that you know and it's during these times God tests us to trust in Him.
8. Be very careful not to manipulate scripture to fit our own desires. This is a very dangerous thing to do against God.

