

Navigating the Valley Experiences of Our Lives



We Learn the Most in the Valley

Psalm 25:1-7 KJV

[1] Unto thee, O Lord, do I lift up my soul. [2] O my God, I trust in thee: let me not be ashamed, let not mine enemies triumph over me. [3] Yea, let none that wait on thee be ashamed: let them be ashamed which transgress without cause. [4] Shew me thy ways, O Lord ; teach me thy paths. [5] Lead me in thy truth, and teach me: for thou art the God of my salvation; on thee do I wait all the day. [6] Remember, O Lord, thy tender mercies and thy lovingkindnesses; for they have been ever of old. [7] Remember not the sins of my youth, nor my transgressions: according to thy mercy remember thou me for thy goodness' sake, O Lord.

Joel 3:14 KJV

Multitudes, multitudes in the valley of decision: for the day of the Lord is near in the valley of decision.

1. Valleys Exist for 3 Reasons:

1. To get our attention
2. Self examination of our life
3. To change out behavior

2. Valley are Inevitable in Everyone's Life; Their Meaning:

1. Sometimes the shepherd (Christ) leads us to the valley.
2. Sometimes we wander away from God's plan and end up in the valley.
3. The valley is not meant to be a destination
4. Valley experiences cause us pain and trials, suffering and sorrow; They are lengths of time.
5. Our valley's are differing in depth.

3. Why People Struggle in the Valley:

1. Absence of a personal belief system.
2. A faith based on emotions instead of unwavering truth.
3. No understanding of the way God works.

4. Valley Experiences are the Most Profitable Periods of Learning for the Believer

1. What we learn about God
2. What we learn about ourselves
3. About God's purpose in our life
4. Our vision becomes clearer
5. Area's of our life that need changes

5. Four Goals for Navigating the Valley:

1. I must be willing to surrender to His will
2. I must believe He's working out something good
3. I must rest in His love, wisdom, and power
4. I must learn to thank God for it

Joel 3:14 KJV

Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me.

