

1 Timothy 1:19 KJV Holding faith, and a good conscience; which some having put away concerning faith have made shipwreck:

# What Are We Tempted By?

#### 1 Corinthians 10:13 KJV

There hath no temptation taken you but such as is common to man: but God is faithful, who will not suffer you to be tempted above that ye are able; but will with the temptation also make a way to escape, that ye may be able to bear it.

### 1. Responding to Temptation Wisely:

- 1. Temptation is enticement of our natural God-given desires to go beyond God's limits.
- 2. Unbelief in God leaves us to our own understanding and our desires become our compass.
- 3. God will not put a temptation in our life that we cannot handle and every time we are tempted, God leaves a way out if we choose it.
- 4. To be tempted is not a sin, even Jesus was tempted. It's how we deal with temptation that can turn it to sin.

#### 2 Corinthians 6:3 KJV

Giving no offence in any thing, that the ministry be not blamed:

### 2. Sequences of Temptation:

- 1. **THOUGHTS** Allowing out thoughts to wander uncontrolled they turn into desires.
- 2. **IMAGINATION** Allowing partial enjoyment with out succumbing entirely.
- 3. **DESIRE** A stronger yearning because of repeated imagined scenarios.
- 4. **WILL** The ability to recognize what is occurring and an effort to slow it.
- 5. **CHOICE** The crossroad where we turn from it or continue on.
- 6. **CONSENT** The rationalization of our acts and a justification for continuing in it.
- 7. **SIN** The yielding to desires outside the will of God.



### 3. How Should We Deal With Sin?

- 1. Take responsibility, no excuses.
- 2. Build a defense system into your life. Don't focus on something desired, focus on the big picture; God, consequences, and God's will for my life.
- 3. Recall scripture that reminds us of God's provision.
- 4. Determine to resist in the power of the Holy Spirit, we do not go through it alone.
- 5. Visualize the victory. Visualize yourself saying no and walking away and the satisfaction that comes with it.
- 6. Identify your areas of weakness.
- 7. Identify your moments of weakness.

#### Psalm 7:11 KJV

God judgeth the righteous, and God is angry with the wicked every day.

### 4. Consequences of Temptation:

- 1. It gives satan an opening to encroach into our life.
- 2. It can destroy our testimony for Christ.
- 3. It can cause separation or punishment from God.
- 4. It robs us of our peace and leaves us with feelings of guilt and despair.
- 5. It can cause pain, hardship, or destruction to others.
- 6. It can prevent us from fulfilling God's plan in our life.
- 7. It can destroy our health and shorten our lives.

#### Galatians 6:7-8 KJV

[7] Be not deceived; God is not mocked: for whatsoever a man soweth, that shall he also reap. [8] For he that soweth to his flesh shall of the flesh reap corruption; but he that soweth to the Spirit shall of the Spirit reap life everlasting.

## Parents:

### Children are Gardens:

- 1. Prepare the soil. Give a child the basics in order to be able to produce fruit.
- 2. Organize. Have a plan. Instruct a child about God and God's plan for him.
- 3. Don't leave a garden to itself or it will be taken over by weeds to the point that nobody knows what is supposed to be growing in it.
- 4. Diversity. Treat all plants equally but none of us craves a healthy bowl of weeds. We all know the difference between vegetables and weeds. All morality and earthly practices are not equal and ought not be treated equally.
- 5. Maintain the garden. We should weed out wrong ideas and thoughts so that the fruit will not be chocked out by the weeds.

#### Matthew 18:6 KJV

But whoso shall offend one of these little ones which believe in me, it were better for him that a millstone were hanged about his neck, and that he were drowned in the depth of the sea.